

# STARTERS

## Tomato and Grilled Cheese Soup

A classic Canadian combination: delicious cream of tomato soup garnished with grilled cheese croutons.

## Vegetable Soup

A vegetable soup of the ages. Brunoised vegetables in a light but flavour-packed tomato and garlic broth garnished with fresh herbs from our garden.

## Fruit Cocktail

# HOT DOGS AND HAMBURGERS

## Traditional

Hamburger / Cheeseburger / Bacon Cheeseburger  
Hot Dog / Cheese Dog / Bacon Cheese Dog

## Vegetarian

Veggie Burger / Veggie Cheeseburger  
Veggie Dog / Veggie Cheese Dog

All hamburgers and hot dogs are served with mustard, relish, and mayonnaise on your choice of a freshly baked white or wholewheat bun, with your choice of side.

# SIDES

French Fries / Tossed Salad / Fruit Cocktail  
Saratoga Chips / Carrot and Raisins / Cottage Cheese / Coleslaw / Fruit Yogourt  
Caesar or Salad of the Day

All entrées are available in senior or child-size portions. Sauce can be served on the side if requested. Vegetarian and vegan options are available.

# ENTRÉES

## Spring Vegetable Pistachio Primavera

Spring vegetables and our pasta of the day tossed with pistachio pesto and served with garlic bread.

## Fish and Chips

Classic beer-battered Atlantic cod served with crisp French fries and homemade tartar sauce.

## Traditional Clubhouse Sandwich

Crisp, warm bacon topped with thick-sliced turkey, fresh tomatoes, and leaf lettuce on toasted wholewheat bread, served with mayonnaise. Choose your side.

# SANDWICHES, SALADS, AND WRAPS

## Egg and Watercress Sandwich

Creamy egg salad topped with fresh watercress served on a hearty potato loaf. Choose your side.

## Caesar Salad Wrap

Crisp romaine hearts dressed with classic Caesar dressing and Parmesan cheese. Served with or without sliced chicken. Choose your side.

## The Fern Combo

Today's combo is our Tomato and Grilled Cheese Soup accompanied by the Egg and Watercress Sandwich.

## Fruit Plate

Seasonal fresh fruit served with your choice of orange sherbet, cottage cheese, or fruit yogourt.

## Traditional Caesar Salad

Fresh romaine hearts topped with classic Caesar dressing, garlic croutons, smoked bacon, and grated Parmesan. Served with or without chicken.

## Jerk Chicken Salad

Shredded jerk chicken tossed with fresh papaya and julienned carrots dressed with a lime and yogourt dressing and served on iceberg lettuce. Topped with fried plantain chips.

Dressing Choices: (Regular) Raspberry Vinaigrette, Balsamic Vinaigrette and Olive Oil, Thousand Island, Blue Cheese, Catalina, Honey Mustard, Caesar, (Light) French, Italian, Ranch.

# DESSERTS

## Fern's Classic Butter Tart

A very rich but simple dessert served with chocolate sauce.

## Banana Pot de Crème

A decadently rich banana pot de crème set with white chocolate and served with biscotti.

## Seasonal Fruit Plate

A select assortment of delicious seasonal fruits.

## Old-fashioned Ice Cream Sundae

Scooped vanilla or chocolate ice cream topped with rich whipped cream and a cherry. Your choice of chocolate, butterscotch, or strawberry sauce.

## Calorie-reduced Desserts

Sugar-free Diet Cake  
Calorie-reduced Diet Mousse  
(Ask your server for our flavour choices.)

## Everyday Favourites

Fruit and Cheese Plate / Jello and Cookies  
Freezies / Cream Pudding  
Strawberry Frozen Yogourt / Orange Sherbet

# BEVERAGES

## Cool Downs

Milk, Chocolate Milk, Iced Tea, Coca-Cola, Diet Coke, Sprite, Ginger Ale, Root Beer, Lemonade

## Warm Ups

Regular: Coffee, Orange Pekoe Tea  
Decaffeinated: Coffee, Orange Pekoe Tea  
Herbal: Assorted - Ask your server.

